



DAY TRIP GEAR LIST

Required:

- Dress in or bring layers of clothing (preferably non-cotton) appropriate for the weather and time of year.
- A day pack lined with a trash bag to carry your belongings
- Personal Medication
- Trail snacks, lunch and 2 liters of water
- Rain gear: either rain pants and rain jacket or full length poncho (regardless of weather)
- Comfortable hiking boots or trail shoes (no open-toed footwear permitted during hikes)

Recommended:

- Sunglasses
- Brimmed hat
- Gaiters
- Hiking poles
- Camera
- Sunscreen
- Hand Sanitizer
- Headlamp